**Specialist Hormone Service: Male Health**

**Brief Description:**

This concise 4-module course explores male hormonal health, focusing on testosterone's effects on energy, mood, metabolism, and overall well-being. It addresses common myths, highlights evidence-based benefits of testosterone replacement therapy (TRT), and examines the roles of other key hormones like DHEA and Pregnenolone

With clear references, self-assessment tools, and practical guidance, this course equips professionals to manage male hormone health effectively.

**Learning Objectives:**

* Understand the roles of testosterone, DHEA, and pregnenolone in male health.
* Explore the benefits and risks of testosterone replacement therapy (TRT).
* Dispel common myths surrounding male hormonal health and TRT.
* Learn how hormones influence energy, mood, metabolism, and longevity.
* Apply evidence-based approaches to managing hormone-related conditions.